



NOTICE-AND-ACCESS NOTIFICATION

Tourmaline Oil Corp. Annual and Special Meeting

Date and Time: Wednesday, June 7, 2017 at 3:00 p.m. (Calgary time)

Place: Ballroom at the Metropolitan Centre, 333-4th Avenue S.W., Calgary, Alberta

You are receiving this notification as a beneficial shareholder of Tourmaline Oil Corp. (Tourmaline or the Company). Tourmaline has elected to use the notice-and-access mechanism for delivery of its 2016 proxy-related materials for the upcoming Annual and Special Meeting (the Meeting)¹.

Under the notice-and-access mechanism you still receive a voting instruction form, however, instead of a paper copy of Tourmaline's Information Circular – Proxy Statement, you are receiving this notification outlining how you may access these materials electronically. Beneficial shareholders with existing instructions on their account to receive paper materials will receive a paper copy of Tourmaline's Information Circular – Proxy Statement. The use of the notice-and-access mechanism directly benefits Tourmaline through a reduction in postage and material costs and is also more environmentally friendly because it helps to reduce paper usage.

Business of the Meeting

At the Meeting, shareholders are being asked to consider and vote on the following matters:

ELECTION OF DIRECTORS: To fix the number of directors to be elected at the Meeting at eleven (11) and to elect eleven (11) directors.

Information respecting the election of directors may be found under the heading "*Matters to be Acted Upon at the Meeting – Election of Directors – Information Regarding Proposed Directors*" in Tourmaline's Information Circular – Proxy Statement.

APPOINTMENT OF AUDITORS: To appoint KPMG LLP as the Company's auditors for the ensuing year and to authorize the directors to set their remuneration.

Information respecting the appointment of KPMG LLP may be found under the heading "*Matters to be Acted Upon at the Meeting – Appointment of Auditors*" in Tourmaline's Information Circular – Proxy Statement.

ADOPT NEW BY-LAWS: To adopt new by-laws of the Company.

Information respecting the adoption of new by-laws of the Company may be found under the heading "*Matters to be Acted Upon at the Meeting – Adoption of New By-Laws including Advance Notice Provisions*" in Tourmaline's Information Circular – Proxy Statement.

UNALLOCATED OPTIONS: To approve the unallocated options under the Company's share option plan.

Information respecting the approval of the Unallocated Options under the Company's share option plan may be found under the heading "*Matters to be Acted Upon at the Meeting – Approval of Unallocated Options Under the Share Option Plan*" in Tourmaline's Information Circular – Proxy Statement.

OTHER BUSINESS: To transact such other business as may properly be brought before the Meeting or any adjournment thereof.

Electronic copies of the proxy-related materials may be found and downloaded at www.meetingdocuments.com/cst/tou or through Tourmaline's profile on www.sedar.com. **We strongly encourage you to review Tourmaline's Information Circular – Proxy Statement in full prior to voting.**

¹ Tourmaline will use the notice-and-access mechanism to send its proxy-related materials to all beneficial holders who do not have standing instructions to, or have otherwise requested to, receive paper copies of Tourmaline's materials. Tourmaline has elected not to utilize the notice-and-access mechanism to send its proxy-related materials to registered holders. Tourmaline will be sending paper copies to all registered holders.

Voting

You have four ways to submit your completed voting instruction form:

VOTE USING THE INTERNET www.proxyvote.com	VOTE BY PHONE 1-800-474-7493 (English) 1-800-474-7501 (French)	VOTE BY FAX 1-905-507-7793	VOTE BY MAIL Data Processing Centre P.O. Box 2800 STN LCD Malton Mississauga, Ontario, L5T 2T7
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Proxies must be received by Tourmaline no later than 3:00 p.m. (MDT) on Monday, June 5, 2017, or if the Meeting is adjourned or postponed, not less than 48 hours prior to such adjourned or postponed Meeting (excluding Saturdays, Sundays and holidays), however your voting instruction form may provide for an earlier date in order to process your votes in a timely manner. To ensure your votes are counted you should ensure your voting instruction form is submitted in the timeline provided for on such voting instruction form.

Requests for paper copies

Should you wish to receive paper copies of the proxy-related materials, or if you have any questions about the notice-and-access mechanism, please contact CST Trust Company at 1-888-433-6443 or fulfillment@canstockta.com. We estimate that your request for materials will need to be received prior to May 24, 2017 in order for you to receive your paper copies in advance of the deadline for submission of voting instruction forms and the date of the Meeting. Materials will be sent within three business days of requests received before the date of the Meeting.

Calgary, Alberta, Canada
April 24, 2017

BY ORDER OF THE BOARD OF DIRECTORS

(signed) "*Scott Kirker*"

Scott Kirker
General Counsel and Corporate Secretary